A Guide to the Use of Topical Treatment

Use the Adult Fingertip Unit FTU

one adult fingertip unit (FTU) = two hands in area

- Face and neck: 2.5
- Front: 7
- Back: 7
- Trunk
- Arm: 3
- Hand: 1
- Leg: 6
- Foot: 2

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20g required for one whole body treatment (male)

Once daily treatment whole body (except scalp) of adult male, for one week, requires approximately 140g


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