

Pain Relieving Medicines for People with Kidney Conditions

Canterbury

District Health Board

Te Poari Hauora o Waitaha

Some common pain relieving medicines may cause damage to kidneys, especially in people who already have kidney conditions. These medicines are known as:

Non-Steroidal Anti-inflammatory Drugs or NSAIDs.

Pain relievers you can buy that are **OKAY for your kidneys:**

<i>Medicine Name</i>	<i>Brand Names</i>
Paracetamol	Apo-Osteo, Disprol, Gacet, Lemsip, Pacimol, Pamol, Panadol, Paracare, Paragesic, Parapaed

Check with your doctor BEFORE taking these medicines:

<i>Medicine Name</i>	<i>Brand Names</i>
Aspirin <i>When used as a pain reliever</i>	Aspec, Aspro, Alka-Seltzer, Cartia, Disprin, Solprin, 'Low-dose' aspirin is often taken to protect against heart attacks and strokes. It is considered <u>safe</u> for most patients. However, check with your doctor before using aspirin as a 'pain reliever'.

<i>Medicine Name</i>	<i>Brand Names</i>	<i>Medicine Name</i>	<i>Brand Names</i>
Diclofenac	Apo-Diclo, Diclohexal, Oraflam, Voltaren	Celecoxib	Celebrex, Celostea
Ibuprofen	Advil, Brufen, Fenpaed, Ibucode, Ibugesic, I-Profen, Maxigesic, Medix, Nurofen, Nuromol, Panafen, Sudafed PE	Etoricoxib	Arcoxia
Mefenamic acid	Ponstan	Flurbiprofen	Strepten Lozenge
Naproxen	Naprogenic, Naprosyn, Noflam, Sonafam	Indometacin	Arthrexin, Berlind, Indometacin, Indomode
		Ketoprofen	Oruvail
		Meloxicam	Melorex, Mobic
		Sulindac	Aclin
		Tenoxicam	Tilcotil

NSAID-containing creams, gels and eye drops:

These are generally considered safe. However, a small group of people will be advised to avoid these completely. Your doctor will let you know if this applies to you.

<i>Medicine Name</i>	<i>Brand Names</i>	<i>Medicine Name</i>	<i>Brand Names</i>
Diclofenac	Diclohexal gel, Medco Anti-Inflammatory gel, Voltaren Emulgel, Voltaren Osteo gel, Voltaren Ophtha eye drops	Etofenamate	Rheumon Gel, Thermo-Rheumon Gel
Ibuprofen	Deep Relief Gel	Ketorolac	Acular eye drops

This list is a guide only. Available brands are continually changing, and these medicines are also present in many cough and cold remedies. There are also other pain relievers available in New Zealand which aren't covered by this leaflet.

**Always ask your doctor or pharmacist about any medicines you may be taking.
This includes medicines or supplements you may have bought.**