

# Pain Relieving Medicines for People with Kidney Conditions

Some common pain-relieving medicines may cause damage to kidneys, especially in people who already have kidney conditions. These medicines are known as:

## Non-Steroidal Anti-Inflammatory Drugs or NSAIDs

### Pain relievers you can buy that are **OKAY** for your kidneys:

<i>Medicine Name</i>	<i>Brand Names</i>
<b>Paracetamol</b>	Apo-Osteo, Disprol, Febrex, Gacet, Lemsip, Pacimol, Pamol, Panadol, Paracare, Paragesic, Parapaed

### Do not take these medicines unless you have checked with your doctor first:

<i>Medicine Name</i>	<i>Brand Names</i>	<i>Medicine Name</i>	<i>Brand Names</i>
<b>Aspirin</b> <i>When used as a pain reliever</i>	Aspec, Aspro, Alka-Seltzer, Cartia, Disprin, Solprin,  'Low-dose' aspirin is often taken to protect against heart attacks and strokes. It is considered <u>safe</u> for most patients. However, check with your doctor before using aspirin as a 'pain reliever'.	<b>Celecoxib</b>	Celebrex
<b>Diclofenac</b>	Apo-Diclo, Diclohexal, Voltaren	<b>Etoricoxib</b>	Arcoxia
<b>Ibuprofen</b>	Advil, Brufen, Fenpaed, Ibugesic, I-Profen, Maxigesic, Nurofen, Nuromol, Sudafed PE	<b>Flurbiprofen</b>	Strepfen Lozenge
<b>Mefenamic acid</b>	Ponstan	<b>Indometacin</b>	Arthrexin, Berlind, Indometacin, Indomode
<b>Naproxen</b>	Naprogenic, Naprosyn, Noflam, Sonafam	<b>Ketoprofen</b>	Oruvail
		<b>Meloxicam</b>	Melorex, Mobic
		<b>Sulindac</b>	Sulindac
		<b>Tenoxicam</b>	Tilcotil

### NSAID-containing creams, gels and eye drops:

These are generally considered safe. However, a small group of people will be advised to avoid these completely. Your doctor will let you know if this applies to you.

<i>Medicine Name</i>	<i>Brand Names</i>	<i>Medicine Name</i>	<i>Brand Names</i>
<b>Diclofenac</b>	Diclohexal gel, Voltaren Emulgel, Voltaren Osteo gel, Voltaren Ophtha eye drops	<b>Etofenamate</b>	Rheumon Gel, Thermo-Rheumon Gel
<b>Ibuprofen</b>	Deep Relief Gel	<b>Ketorolac</b>	Acular eye drops

This list is a guide only. Available brands are continually changing, and these medicines are also present in many cough and cold remedies. There are also other pain relievers available which aren't covered by this leaflet.

**Always ask your doctor or pharmacist about any medicines you may be taking.  
This includes medicines or supplements you may have bought.**