

Where do I go for more information?

If you have questions about your Community Nursing and Home-based Support services, or any concerns about the service you are receiving, please contact the Older Persons Health & Rehabilitation Service:

03 337 7765

A guide to

Home, Community and Nursing Support Services

Canterbury

District Health Board

Te Poari Hauora o Waitaha

What are Community Nursing and Home-Based Support Services?

Home and Community Support Services are provided to help support people to be stay healthy, to be independent, to care for themselves and to participate within their community, family and whānau for as long as possible. They include support with your personal care needs, such as dressing or showering; and help to manage your home. Community Nursing services support the Home and Community teams and provide Nursing services such as Wound Care, IV Therapy, Continenence, and complex Medication Administration.

How will these services help me?

We take a restorative approach to healthcare that puts you and your needs at the centre. This means you can be actively involved in decisions about your care. We believe care should be a positive experience that promotes dignity and focuses on your strengths as an individual. By respecting your wishes at all times, and supporting you to improve your mobility , physical and mental functioning you can enjoy life the way you want for longer.

You will have a Care Coordinator, who is a registered health professional (e.g. a registered nurse).

Who will provide my Community Nursing and Home-Based Support Services?

There are three organisations who work with us to provide services in Canterbury. They all have Care Coordinators who can work with you to plan your support.



Nurse Maude

Your Care Coordinator will work with you (and where appropriate your whānau, family and carers) to identify your needs , plan and organise your care and support to help you achieve your goals. They will ensure your care is coordinated with other health services such as your General Practice. Your goals will be personal and individual to you, and could include a broad range of things such as to live pain free, to be as independent as possible, to be able to prepare a meal, or to have the confidence to regularly attend a community social group.