

Does Your Child Have Neuro-Diverse Needs?

If so, come along to the Christchurch ADHD & Neuro-Diversity Parent Support group and meet other parents/caregivers who know what it's like to raise a child with Neuro-Diverse needs.

The group will be a place for parents to share their experiences and ideas, and to gain support from one another.

Parents of children/adolescents of any age are welcome to attend.

You do not have to attend every session, just come along to the sessions that suit you.

Guest speakers will be invited to groups held at Whakatata House, talks will be on different ADHD-related topics.

What is the ADHD & Neuro-Diversity Parent Support Group?

This group was initially started as the Christchurch ADHD Parent Support Group and was started by staff at Whakatata House, with input from staff from other services in Christchurch.

It was developed to meet the needs of the many parents/caregivers whose children were diagnosed with Attention Deficit Hyperactivity Disorder in Christchurch.

The group now includes the term neuro-diversity to reflect a more holistic approach to parenting those with diverse needs such as ADHD.

The group will be supported by staff from Whakatata House, but it is anticipated that in time it will mainly be directed by the parents who attend.

Session content will be determined by the needs and wishes of those who attend.

What is it? A parent/caregiver support group

Who is it for? Parents/caregivers of children/young people with Neuro-Diverse needs

When is it? The last Wednesday of every month
7:30 – 9 pm

Where is it? Alternate months at Whakatata House, or McDonalds on Moorhouse Ave

How much does it cost? There is no charge to attend the group

Tea and coffee will be available