

How to use HealthInfo

How do I use the HealthInfo card?

Your health provider may have given you a HealthInfo card, which has a space on the front to write a search term. Depending on what your health provider wants you to look up, they may have written a condition name or a search term in the box.

Type the text from the card into the SEARCH box at the top right of this page, then click the GO button. You will see a list of pages that match your search term.



How do I find information on HealthInfo?

If you are looking for information about a specific condition or topic, use the SEARCH box at the top right of the page. Type a word or phrase into the SEARCH box, then click the GO button. You will see a list of pages that match your search term.

If you know what subject you are looking for but aren't sure what search term to use, try using the A-Z list of topics. Click the A-Z health topics link in the green bar at the top of the page, click the appropriate letter of the alphabet, then click the appropriate subject in the A-Z list.

If you want to see what topics are available on HealthInfo, you can browse using the table of contents at the left of the page. Click the section you are interested in, for example Keeping healthy. Then select a topic from the list of topics, for example Being smokefree.

How do I use Autocomplete in the Search box?

As you type in the SEARCH box, a list will appear with search suggestions that match the letters you have typed so far. As you type more letters, the list will contain fewer search suggestions. If you see a useful search suggestion in the list, click it, then click the GO button.

How do I send feedback about HealthInfo?

You can send us feedback about the content on HealthInfo, or tell us about content that you would like to see on HealthInfo. To do this, either click the blue **Send us your feedback** button at the top of each page, or click the **Contact HealthInfo** link at the bottom of each page.

Important!

Feedback is sent to an administrator, not a doctor. Please do not send patient details or request medical advice.

If you need medical advice, phone your GP or Healthline on 0800-611-116.



How do I share information with other people?

You can send someone a link to a specific HealthInfo page by clicking on the Facebook, Twitter or Email icons at the bottom of the page.

Encourage your family and friends to browse HealthInfo to look for health information.

How do I increase the text size on HealthInfo pages?

If you find the text size on HealthInfo a bit small to read comfortably, click the green "+" button at the top right of the page until the text is big enough. Click the green "-" button if you want to reduce the text size.

Alternatively, use your browser's Zoom-in (Ctrl +) and Zoom-out (Ctrl -) commands to magnify and reduce the whole page (Ctrl 0 resets the zoom level to the default setting).

How do I get back to the home page?

To get back to the home page, either click "Home" on the green menu bar at the top of each page, or click the HealthInfo logo at the top left of the page.

How do I print patient information leaflets?

To print any HealthInfo page, click the Print icon that is at the far right of the page title.

For general pages, clicking Print opens your browser's print window and allows you to specify which printer to use, the range of pages to print, and so on.

For patient information leaflets, clicking Print opens a PDF file that has been properly formatted for printing. You can print this or download it to your computer.

Who writes the information on HealthInfo?

The information on HealthInfo is written and approved by local doctors, practice nurses, hospital clinicians, and other healthcare professionals. The information is specific to Canterbury, New Zealand.

The site contains locally developed patient information, and descriptions of local health services and supports. It also has recommended links to local, New Zealand, and international health and wellbeing information. It is intended to supplement the information that people get from their healthcare provider or general practice team.

For more information, see [About HealthInfo](#) on healthinfo.org.nz.